



ADAMS COUNTY FIRE RESCUE

Lawn Mower Safety Tips

- Always turn off the mower when clearing the chute or adjusting a lawn mower.
- Always disconnect the spark plug before doing any service to the machine.
- Be careful when operating an electric mower to ensure that the cord does not become entangled in the blades.
- Rake the mow area to remove rocks, twigs and other objects that can be propelled at bystanders.
- Instead of sandals or sneakers, wear sturdy shoes to protect the feet when cutting grass with a power lawn mower.
- Wear glasses or goggles, especially when using a trimmer along fences, walls, concrete or structures than can project debris into the eyes.
- Avoid mowing the lawn during the hottest part of the day; early in the morning or after sunset is best.
- Drink plenty of water to stay hydrated and dress in light-colored clothes.
- If you feel dizzy or experience muscles cramping, get to a cool location right away.
- If you experience nausea, throbbing headache or fever, call 9-1-1 immediately.